**THE MERISMOS – “DIVIDING ASUNDER” OF SPIRIT AND SOUL**

**“For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the “Dividing” “Asunder” of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.**

**Neither is there any creature that is not manifest in his sight: but all things are naked and open** unto the eyes of him with whom we must do.” HEBREWS 4:12-13 –

**WHAT IS THE WORD *MERISMOS?***

* Merismos is the Greek word translated “dividing asunder” in Hebrews 4:12
* The word Merismos is a compound word from two Greek root words: ***merizo****,* which means “to part, to separate, to dismantle, to disunite,” and ***meros,*** which means “to get as a section or allotment, a division or share.” Therefore, *merismos* means “a separation or distinction made between separate parts.
* ***Merismos*** means taking all the facets of a man and separating them into the categories of spirit, soul, and body, then breaking down each of these areas into further components for revelation and clarity in order that we may have a greater understanding of the heart and soul of man.

**THREE STAGES OF THE MERISMOS**

* **First Stage –** Illumination for Revelation

God brings the revelation that He wants to separate your spirit and soul.

* **Second Stage –** Separation for Clarification

In this stage, God will clarify the aspects of the soul – mind, will, and emotions – and the various aspects of each of these soulish areas.

* **Third Stage –** Unification for Cooperation

After God separates and deals with the soul, then He brings it back into union with the spirit.

**THREE AREAS OF SEPARATION – HEBREWS 4:12**

These are the three areas where the Word of God needs to separate our lives.

It is the Word of God that is a two-edged sword that separates your soul and spirit, clarifying the different lifestyles of each so that we can see how much we are functioning from our soulish realm and not the spirt realm.

1. Spirit and Soul – The Word of God is the sword of the Spirit and is the only thing that can separate man’s spirit and soul.
2. Joints and Marrow – The joints and marrow are areas of prophetic revelation that is going on in the earth today. Marrow is the jelly-like substance within the bones that reproduces the blood \_ “the life of the flesh is in the blood.
3. Thoughts and Intents of the Heart – The thoughts and intents of a person are two different things. Our thoughts and behavior must align with the Word of God otherwise if it does not – non-alignment with the Word of God causes conflict between the spirit and flesh or the spirit and soul.

**WHAT IS THE PURPOSE OF THE MERISMOS MODEL?**

“Transforming and Healing Souls by renewing the Spirit of your Mind with the Word of God and Therapeutic Counsel.”

**Merismos Counseling Model** is a combination of Evidenced-based, scientifically proven theoretical approach to counseling interventions and strategies along with the application of Bible-based teaching that are successful in assisting the healing process of mind, spirt, soul, and body.

The **Core theoretical foundation of Merismos Counseling approach** is Trauma-Focused Cognitive Behavioral Therapy and Trauma-Informed Care Counseling Modality, specifically designed for providing Professional and Spiritual Counseling for the Kingdom of God and community Ministerial and Pastoral Organization.

**FOUNDATIONAL SCRIPTURES**

* Romans 12:2 – Be Transformed
* John 12:24-26 – Accept a seed dies
* Hebrews 4:12 – Dividing Asunder
* Romans 12:1 – Living Sacrifice
* Proverbs 20:27 – Spirit of man is a Candle
* Genesis 1:27 – Created in God’s Image
* 1Corithian 6:19-20 – Your Body is a Temple
* Isaiah 53:12 – Pour out his Soul
* Proverbs 4:3 – Out of Heart flows issues of life
* Matthew 26:36-46 – Jesus in the Garden of Gethsemane
* Luke 22:44 – Soul Under Pressure
* Isaiah 53:10-12 – Sacrifice of Psuche – It pleased Him
* Ephesians 4:23-24 – Renew your Mind

**MERISMOS FUNDAMENTAL PRINCIPLES**

1. We believe we are pre-destined to Fulfill the Will of God
2. We are made in the Image of God
3. We believe the Word of God is what transforms us into God’s Image
4. We believe we are the Living Stones of God
5. We believe God is the Chief Corner Stone
6. We believe we are the Temple of God where the Holy Spirit Resides
7. We Understand that the Word of God governs our life and lifestyle
8. We understand and apply the Word of God in our daily life
9. We Pray God’s Word. We meditate on the Word. We Share the Word of God

**BENEFITS OF THE WORD OF GOD IN COUNSELING**

* The Word of God Heals
* The Word of God Sustains
* The Word of God Transforms the soul
* Word of God provides Guidance and Instruction
* The Word of God Regulates your Mind and Emotions
* The Word of God develops Character
* The Word of God develops Faith
* The Word of God builds Confidence, Self-esteem, hope, emotional and physical strength
* The Word of God Cultivates Believers to grow and increase in body, mind, spirit and soul
* The Word of God helps Believers to become Effective in Spiritual Warfare
* The Word of God Comforts, Validates, Provides and Protects
* The Word of God Corrects
* The Word of God Safes, Reconciles, and Redeems